

The Power of Genuine Connection





Dear Friends,

How are you?

I ask because I care about you as a member of our HealthPoint community, and because these past few years have been so hard—for our patients, for our staff, for our community, *for all of us*.

Amidst a tempest of change and exhaustion, small moments of listening, connection, and compassion have been a lifeline. Rules and guidelines continually shifted, new technology challenged us, but we could always count on each other. And for that I am forever grateful to our staff and to our community.

Covid was a powerful reminder that *relationships are everything*.

This is especially true in health care. Because no matter the technological advances, at its core, health care is deeply human. It's people caring for people.

And people rely on relationships and trust.

Earning that trust takes time. It's not about showing up and offering solutions. It's about listening deeply, building relationships, and working alongside partners to achieve a shared vision for what a healthier, more equitable community truly looks like.

HealthPoint's work on **school-based health care** and the **Family First Community Center** are two examples of leading by listening, learning from each other, and collaborating to create a new kind of care. One that delivers health services, but also goes beyond that to provide equitable opportunities for living a healthy and happy life.

Thank you for taking the time to learn about and support this essential work. There is strength in community, and you are an important member of HealthPoint's. I look forward to connecting and building our own relationship.

Whether it's at events like our annual Kaleidoscope Gala, through our online newsletter updates, or one-on-one through emails, phone calls, or visits to HealthPoint clinics, please reach out any time to **development@healthpointchc.org**. We are here for you, like you are here for us. That we can count on each other is what makes community health so uniquely hopeful and powerful.

In health and community,

Lisa Yohalem, CEO

HealthPoint Spotlights

Dr. Daniel Low, Health Scholars Program Director

Dr. Low explains that whole health care means providing medical, dental, behavioral care, and so much more. "We have the privilege of establishing deep connections with our patients and accompanying them on their unique journeys to their best health."

One of the highlights of Dr. Low's work is leading the Health Scholars program, which he considers to be the essence of community health care. Many of the students that he meets have not had any exposure to health care professions and therefore have not considered the possibility of a career in health care. The work of Health Scholars is opening up new worlds for these students. The program is also improving the likelihood of future patients from BIPOC (Black, Indigenous, and people of color) communities will have providers with similar racial or ethnic backgrounds.

"We have the privilege of establishing deep connections with our patients."



HealthPoint Spotlights

Leanna Monilla, Health Scholars Program Participant

Leanna is a junior at Renton High School. She enrolled in the Health Scholars program because she was interested in the medical field since she was very young. The program has provided a lot of hands-on experience through shadowing doctors and learning about medical procedures.

"Health Scholars opened my eyes to what's possible for me in the medical field. I loved getting to know the doctors and the other students. Next year, I look forward to mentoring incoming Health Scholars students."

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what's possible for me
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HealthPoint Spotlights

Dr. Brianne Taylor, Medical Director School-Based Health Centers

Dr. Taylor realizes that she is the primary care provider for most of her patients; they don't have another health care team. Knowing that, she provides a level and quality of care that you would find at the most elite health care system. She manages many patients with chronic conditions like diabetes and hypertension, seeing them regularly to ensure complications don't arise. She engages the behavioral health consultant and nutritionist who are part of the Renton High team to help kids get healthy through a variety of interventions. The medicine she provides in the greatest quantity is caring.

"I came to HealthPoint because the mission to serve everyone regardless of barriers—language, income, etc.—mirrors my own. I also appreciate the diverse patient population and the wide range of services offered, including behavioral health, nutrition, and alternative medicine."

"I also appreciate the diverse patient population and the wide range of services offered"



School-Based Health Centers

HealthPoint has provided school-based health services for the past 16 years. The work is a natural extension of our mission to strengthen communities and improve people's health by delivering quality health care services, breaking down barriers, and providing access to all. Each School-Based Health Center provides primary and mental health services to teens who otherwise may not have access to care.

HealthPoint's staff work with school administrators, teachers, counselors, and coaches to become part of the school culture and community outside the school's doors and part of each student's network of caring adults. Strong relationships with the various school staff help us reach students who may be struggling for a variety of reasons. We engage students by soliciting their feedback on services, designing workshops and programs that center their needs and preferences, and acting on the ideas brought forth at Student Advisory Council meetings. An example of this is the Health Scholars program which educates students about health care careers and provides monthly shadowing opportunities at HealthPoint health centers.

We know that poor health can translate into poor school attendance, lower educational achievement, and a shorter life. And we know that School-Based Health Centers increase teens' access to care and support their physical and mental health needs. By providing access to quality health care where teens spend most of their time, we give them a chance to achieve better health and academic success.



1,174

Number of
students seen

78%

Percentage of
students screened
for depression

4,116

Number of visits

1,785

Number of vaccines
administered

**Statistics are from 8/1/21 through 7/31/22*

Family First Community Center

The Family First Community Center, which is scheduled to open in 2023, will bring health care, recreation, and community services to families and youth in the Cascade/Benson Hill area of Renton. HealthPoint will provide medical, dental, and behavioral health care at the center. In partnership with the City of Renton and school district, the center will offer after-school programs and classes; youth, teens and adult sports; group exercise; personal training; health education, cooking, and nutrition classes; and activities for infants, toddlers, and children.

HealthPoint has been partnering with former Seattle Seahawks wide receiver Doug Baldwin. His vision grew into a community-wide effort and is now almost a reality. HealthPoint sees this neighborhood center as a gathering point for youth and adults. This project is a great example of how HealthPoint, by partnering with other organizations, can tackle social determinants and improve the health of our entire community.





“The Family First Community Center will be a place where the health and wellness of families are the priority. It’s a grand vision met with a relentless passion to serve the community. And I am so grateful to HealthPoint for, once again, stepping up to be a part of something great happening in Renton.”

—Doug Baldwin, former Seattle Seahawks wide receiver, philanthropist

HealthPoint at a Glance

Dedicated to delivering quality health care, breaking down barriers, and providing access to all.

- Affordable, high-quality health care for more than 100,000 people at 19 locations throughout King County—no one is turned away because of inability to pay
- Integrated, whole-person care: each patient has access to a multi-professional care team that works together to address their whole-health needs
- Medical care, dental care, naturopathic medicine, behavioral health care, substance use disorder treatment, nutrition counseling, social services, and on-site pharmacies
- More than 70 languages spoken across services, reducing barriers to accessing care
- More than half of HealthPoint's Board members are patients and reflect the wide diversity of our patient community

HealthPoint by the Numbers

200+

Medical, Dental,
and other
Future Health
Professionals

1,000

Employees

273,448

Patient visits:

209,917 Medical visits

63,531 Dental visits

24,483

Behavioral
visits

10,078

Natural
medicine
visits

34,776

Patients
screened for
Depression

19,843

COVID 19
vaccinations

56,527

Telehealth
visits

1,706

Homeless
Service visits

22,127

Patients screened
for social
determinants of
health

11,812

Uninsured
patients

97%

of patients are
low-income

\$ 4,291,223

Uncompensated
Care

**Statistics are from 8/1/21 through 7/31/22*



Join us in creating a
healthy community for all.
We are Healthy Together.

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